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## SPRING MENU (LUNCH AND DINNER)



STARTERS		MAINS	
HOMEMADE SOUP OF THE DAY 🖉 🖉 🅃 Served with warmed ciabatta bread.	£6.75	<b>SCAMPLAND CHIPS £</b> : Served with garden peas or salad garnish.	14.75
PRAWN & CRAYFISH COCKTAIL ③	£8.25	<b>BEER BATTERED FISH OF THE DAY</b> Served with chunky chips, garden or mushy peas	16.75
<b>CHICKEN LIVER PARFAIT</b> Served with red onion marmalade and toasted croutes	£8.25	PAN FRIED SEABASSEServed with potato cake, roasted courgettes, peppers, onions & tomatoes, drizzled with balsamic glaze	17.95
<b>SEAFOOD BASKET</b> With scampi, salt and pepper squid and tempura	£8.25	HOMEMADE PIE OF THE DAY£1Served with choice of potato and fresh vegetables	.5.75
prawns served with tartare sauce and sweet chilli sauce.		with champ mash, tenderstem broccoli, roasted	7.50
<b>MIXED OLIVES</b> ( ) ( ) With homemade hummus, sun blushed tomatoes, balsamic & olive oil dressing, and toasted ciabatta cro	<b>£6.75</b>	carrots & cafe au lait jus CHICKEN CARBONARA E1 Served with garlic bread	5.75
<b>BBQ CHICKEN WING BASKET</b> served with Piri Piri and Reggae Reggae sauce dips.	£8.25	80Z SIRLOIN STEAK (*) Served with peas, onion rings, tomato, mushrooms and choice of potato Sauces – Peppercorn, Mushroom or Blue Cheese (£3.00)	2 <b>2.50</b>
SALADS All salads come with mixed peppers, red onion, cherry tomatoes, cucumber, sweetcorn, beetroot, radishes, b five different leaves - iceberg, little gem, oak leaf, curly and lollo rosso. Salads also come with homemade col CHICKEN SALAD	ooiled egg, ⁄ endive	60Z HOMEMADE BURGER (*) £12 Served in a salad garnished floured bun with salsa relish, chunky chips or skinny fries, onion rings, homemade col 60Z HOMEMADE CHEESE & BACON (*) £1 BURGER Served in a salad garnished floured bun with salsa relish chunky chips or skinny fries, onion rings, homemade col	eslaw 4.95
<b>PRAWN SALAD</b> (*) Served with marie rose sauce	£14.00		4.95
<b>GRILLED GOATS CHEESE SALAD</b> (*) served with homemade sticky red onion marmalade.	£13.00	chunky chips or skinny fries, onion rings, homemade col <b>HOMEMADE SPAGHETTI BOLOGNAISE</b> (*) £14 Served with garlic bread and parmesan cheese	eslaw
COURGETTE, GREEN BEANS & AVOCADO SALAD F 🖉 🏽	£12.50	<b>SEAFOOD PLATTER</b> (*) <b>£29.00 FOR 1, SHARE £</b> With Cromer crab, tempura prawns, crayfish, crevettes,	
CRAB SALAD 🛞	£15.50	prawns, salt & pepper squid, mackerel fillets, cockles and scampi. Served with tartar sauce, sweet chilli dip, marie	

Kitchen & Restaurant Monday - Saturday Lunch 12pm - 2.15pm last orders Dinner 6pm - 8.45pm (5:30pm in School Holidays) Sunday Lunch 12pm - 3.45pm last orders Gluten Free Available

sauce and brown bread and butter



## SPRING MENU (LUNCH AND DINNER)

#### MAINS

## VEGETABLE PENANG CURRY 🖉 🖉 🔮 🛛 £14.95

Served with basmati rice, naan bread and mango chutney

#### VEGGIE BURGER 🖉 🖉 🏵

£14.25

£17.95

Made with lentils, carrots, onions and spring onions, garlic, cumin and coriander served in a salad garnished floured bun with salsa relish, chunky chips or skinny fries, onion rings and homemade coleslaw

#### VEGETABLE LASAGNE 🖉 🕢 £14.95

Served with dressed salad and garlic bread

#### CRAB THERMIDOR 🕃

Served with dressed salad and skinny fries or new potatoes

SIDES	
NEW POTATOES	£3.00
CHIPS	£3.00
CHEESY CHIPS	£3.50
JUG OF GRAVY	£2.00
onion Rings	£3.25
GARLIC BREAD	£3.50
CHEESY GARLIC BREAD  🗷	£4.00
SALAD	£3.25
HOMEMADE COLESLAW	£3.50

### PLEASE TELL YOUR SERVER IF YOU HAVE A DIETARY REQUIREMENT

If you have any allergen intolerances, please notify a member of staff who will advise you of any allergens in our dishes



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Vegan



# FOUNDRY ARMS SPRING LUNCH MENU



#### PLATTERS (LUNCH ONLY)

## CHEESE OR GAMMON PLOUGHMANS £15.00

Served with dressed salad, pickles, apple, chutney, boiled egg, homemade coleslaw and warmed ciabatta. Gammon & Cheese (£16.00)

JACKET POTATOES (LUNCH	ONLY)
All jacket potatoes served with dressed mixed sala	d.
CHEESE AND COLESLAW	£7.50
CHEESE AND BEANS	£7.50
CHEESE AND BACON	£7.95
TUNA MAYO AND SWEETCORN	£7.50
PRAWNS WITH MARIE ROSE SAUCE	£7.95
VEGAN CHEESE AND BEANS 🦪	£7.50

### SANDWICHES (LUNCH ONLY)

Gf and dairy free bread available along with dairy free butter. All served with dressed salad.

CHEESE AND PICKLE		£6.00
CHEESE AND ONION		£6.00
BACON BRIE AND CRANBERRY		£6.95
BACON LETTUCE AND TOMATO		£6.95
HAM WITH CHOICE OF TOPPING		£6.45
EGG MAYO		£6.00
TUNA MAYO		£6.45
PRAWNS WITH MARIE ROSE SAUCE		£6.95
VEGAN CHEESE AND ONION/PICKLE	I	£6.25

SIDES	
NEW POTATOES	£3.00
CHIPS	£3.00
CHEESY CHIPS	£3.50
JUG OF GRAVY	£2.00
onion Rings	£3.25
GARLIC BREAD	£3.50
CHEESY GARLIC BREAD 🏵	£4.00
SALAD	£3.25
HOMEMADE COLESLAW	£3.50

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Dinner 6pm - 8.45pm (5:30pm in School Holidays)	$\leq$
Sunday Lunch 12pm - 3.45pm last orders	Gluten Free Available 💓